Intent

At Carlton Colville Primary School, we offer a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. We provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

We want to ensure that all our pupils:

develop competence to excel in a broad range of physical activities

are physically active for sustained periods of time

engage in competitive sports and activities

lead healthy, active lives

Implementation

Children are taught regularly by both teaching staff and a sports instructor from Reception to Year 6. The curriculum is further enhanced by participation in numerous sporting tournaments with North Suffolk school games and after school clubs. Children have shared their voice within PE which has created our curriculum map.

EYFS physically develops to move energetically, such as running, jumping, dancing, hopping, skipping and climbing; they can negotiate space and obstacles safely, with consideration for themselves and others.

Demonstrate strength, balance and coordination when playing.

KS1 pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught how to:

master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and coordination, and begin to apply these in a range of activities

participate in team games, developing simple tactics for attacking and defending

perform dances using simple movement patterns.

KS2 pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils are taught to:

use running, jumping, throwing and catching in isolation and in combination

play competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending

develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics)

perform dances using a range of movement patterns

take part in outdoor and adventurous activity challenges both individually and within a team

compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Intent

By the end of each key stage, pupils are expected to know the breakdown of the skill and how to perform it. This is on the long-term plan. At Carlton Colville we use GETSET4PE assessment to determine children's understanding of the unit of work and how to apply the skills they've learnt, this is then used to mark their targets in their books. Each part of the PE curriculum is reviewed on a termly basis by the subject leader.